

THE SPA

@ Clos Malverne Wine Estate

FACILITIES



Come and have relaxing spa treatments, whilst enjoying the breath-taking and peaceful Devon Valley surroundings.

The spa has **2 full-time therapists** - nationally & internationally qualified.

We have two single treatment rooms where you can enjoy facials, massages, pedicures, manicures, body wraps and waxing.

We also have a huge private wet room where couples, friends or family can have treatments together. Forget about all your troubles whilst having luxurious body treatments, relaxing in our spa bath, or detoxifying in the steam room.

Afterwards enjoy refreshments and snacks whilst lying outside on the deck and taking in the amazing views of the valley or even relax or do a few laps in our swimming pool.

We have special packages where mothers and daughters, from toddlers to teenagers to adults, can spend quality time, having treatments together.

The wet-room is also ideal for Bridal parties and Teambuilding events.

Unwind in the wine lands with one of our fabulous spa packages and treatments!

Open

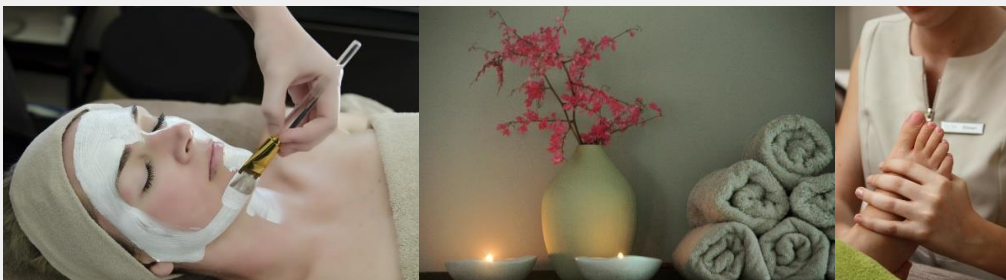
Mondays - Saturdays: 9am-6pm

Sundays: CLOSED

Contact

Tel: 021 – 8652022, Ext. 3

Email: thespa@closmalverne.co.za



Treatment Menu

**All our facials are suitable for both male and female clients. Please enquire regarding facials for teenagers.*

**All facial treatments include the following, unless otherwise stated: Skin Analysis, Cleanse with Steam, Exfoliation, Extractions, Mask, Hand or foot massage, Serum, Facial Massage, Final Care (Moisturiser).*

KALAHARI FACIALS

Kalahari is an exclusive, eco-friendly selection of body, skincare and lifestyle products. An extraordinary journey awaits you...

The Kalahari skincare range promotes a healthy glowing skin by using botanical ingredients that are rich in antioxidants. Kalahari skincare visibly smooths fine lines, leaving the skin feeling smooth, radiant and ultra-nourished. This unique range is suitable for all skin types.

Express: Purifying Facial For those on-the-go who want to brighten and clarify their skin tone. This quick but thorough facial. A spa facial treating hydration, calming or anti-aging. *Excludes facial massage & extractions.* 45min **R580**

Classic: Honeybush Facial Treatment In a word this is "Deluxe" pampering with relaxing massage. From deep cleansing and balancing to calming and soothing we will ensure your skin receives the right recipe for the ultimate healthy glow. Includes eyes, neck and décolletage. A spa facial treating hydration, calming or anti-aging. Leaving the skin feeling refreshed and supple. 60min **R700**

Specialized: Kalahari Rejuvenation Facial An ultra-rejuvenating and revitalising gel mask enriched with natural moisture binding ingredients, Alpha Hydroxy acids, Hyaluronic acid and Peptides. The combination of ingredients has a multitude of highly effective de-ageing properties that will leave the skin visibly smooth, rejuvenated and revitalized. 75min **R820**

ADD ON'S to Kalahari Facials:

* Vit.C Treatment (For brighter, fresher, glowing & healthy-looking skin) @ **R160**

* Hydrating Collagen eye patches (Intense hydration & rejuvenation, Improves fine lines & wrinkles) @ **R130**

* Back, neck & shoulder massage (30min) @ **R400**

NIMUE FACIALS

NIMUE is dedicated to combine the power of science with the miracles of nature to develop and deliver the most advance skin technology available, which offers solutions for specific problems in different skin conditions.

The treatment formulations deliver optimal concentrations of pharmaceutical grade nutrients, cutting edge antioxidants, superior quality phytochemicals, peptides and other powerful active ingredients where they are needed most – below the skin’s surface to actively improve skin health and appearance.

Express: Clarifying Facial For those on-the-go who want to brighten and purify their skin tone. This quick but thorough facial. Designed to treat environmental damaged, acne-prone and hyperpigmented skin types. *Excludes facial massage & extractions.*

45min **R690**

Classic: Deep Cleanse Facial Treatment In a word this is “Deluxe” pampering with relaxing massage. From deep cleansing and balancing to calming and soothing we will ensure your skin receives the right recipe for the ultimate healthy glow. Includes eyes, neck and décolletage. Designed to treat environmental damaged, acne-prone and hyperpigmented skin types as a monthly 'pamper' treatment.

60min **R820**

Specialized: Active Rejuvenation Treatment A 15% Bio-active Treatment Complex, facilitating dermal rejuvenation is applied to the skin to improve the radiance of the skin and leave it with a smooth, lighter texture. Treats environmentally damaged (pre-mature aging), acne prone and hyperpigmented skin types.

75min **R930**

ADD ON'S to NIMUE Facials:

* Hyaluronic Treatment (Moisturizing, repairing & plumping effect) @ **R210**

* Back, neck & shoulder massage (30min) @ **R400**

TINTING & SHAPING

Lash tint **R170**

Eyebrow tint **R160**

Lash and brow tint **R290**

Eyebrow shaping **R140**

Eye package **R420**

Eyebrow shape and tint & eyelash tint

HANDS & FEET

Gel Deluxe spa manicure or pedicure

Deluxe manicure/pedicure, including Gel nail enamel.

90min **R630**

Gel Overlay 60min **R470**
File, cuticles, buff & gel paint

Gel nail polish removal 30min **R140**

Deluxe spa manicure 60min **R490**
Soak hands, scrub, file nails, cuticle cream, cuticle work, hand & lower arm massage, hand mask, colour, topcoat.

Deluxe spa pedicure 75min **R530**
File/cut toenails, buff, cuticle cream, cuticle work, file bottom of feet, scrub feet, soak, foot & lower leg massage, foot mask, base coat, colour, topcoat.

Express manicure or pedicure 45min **R410**
File, cuticles & paint

Mini manicure or pedicure 25min **R310**
File & paint

Balsan heel treatment 30min **R360**
Heel treatment, file, scrub, soak

ADD ON'S to Manicures & Pedicures:

Paraffin dip 20min **R220**
Paraffin wax is used which is high in skin conditioning oils. Ideal for dry and sensitive skin. For use on hands and feet.

Balsan heel treatment 20min **R220**
Highly effective in removing calluses, cracked heels and any dry areas on the feet and toes.

French colour (Gel or normal nail enamel) 15min **R140**

Nail art 15min **R110**

WAXING

Eyebrow/lip or chin **R180**

Eyebrow and lip **R320**

Half leg (knee included) **R340**

Full leg **R400**

Arm **R300**

Underarm **R260**

Bikini line **R310**

Back **R410**

Chest **R360**

MASSAGES

Swedish full body massage	90min	R1070
Swedish full body massage Swedish massage calms your mind, body and spirit. This massage will alleviate stiffness and fatigue as well as improve circulation.	60min	R810
Swedish half body massage Back, neck & shoulders and back of arms, legs & feet.	45min	R700
Swedish back, neck and shoulder	30min	R570
Couple Swedish full body massage Enjoy a massage together in the same room.	60min 90min	R1560 R2070
Deep Tissue massage Deep tissue massage is similar to a Swedish massage, but with deeper pressure, which is beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons and fascia.	60min 90min	R880 R1140
Couple Deep tissue massage Enjoy the massage together in the same room.	60min 90min	R1720 R2200
Aromatherapy massage It is the therapeutic use of plant-derived, aromatic essential oils to promote physical and psychological well-being. It is used in combination with massage and other therapeutic techniques as part of a holistic treatment approach.	60min 90min	R870 R1140
Couple Aromatherapy Enjoy this massage together in the same room.	60min 90min	R1720 R2200
Hot stone full body massage Enjoy this massage together in the same room.	60min 90min	R890 R1150
Couple Hot stone full body massage Enjoy this massage together in the same room.	60min	R1740
Hot stone back, neck and shoulder	30min	R660
Holistic head massage	30min	R540
Foot & lower leg massage	30min	R520
Signature treatment Total Bliss - back, neck and shoulder massage combined with head massage, using customized Aroma oils.	45min	R750
Pregnancy Massage Massage techniques and a nourishing massage cream applied that are safe during pregnancy. Relieves tension in the back and reduces swelling in the hands, feet and legs.	60min	R750

BODY TREATMENTS

Body wraps: Indulge in a divine full body scrub, followed by a 30min full body massage, using one of the essential oils and application of body clay. Lie cocooned in a warm wrap with blankets for another 30min whilst enjoying a holistic head massage. Treatment to be finished off with a luxurious body lotion.

Relax (Calming)	105min	R990
Refresh (Purifying)	105min	R990
Comfort (Nourishing)	105min	R990
Escape (Uplifting)	105min	R990
<u>ADD ON:</u> Extra massage time	30min	R400

Full body exfoliation **R470**
Revitalising, purifying and invigorating sugar scrub

Purifying Back “Facial” 60min **R720**
Cleanse & Exfoliate with Steam, Extractions, Tone, Mask, Massage, Moisturise

Bath Therapy (Spa bath with jets) 60min **R750**
Desert Mineral Bath Soak – Includes full body exfoliation.

ADD ON’S to ANY of the treatments above:

Back, neck & shoulder massage (30min) @ R400

Foot treat
File heels, File/cut toenails, Soak, Scrub, Mask, Pressure points (30min) @ **R320**

Back exfoliation (20min) @ R220

KIDDIES SPA TREATS (ages 3 - 12)



Flower Power Facial	25min	R350
Fancy Fingers	30min	R330
Soak, file/cut & paint		
Twinkle Toes	30min	R330
Soak, file/cut & paint.		
Add on: Nail art	10min	R100
Angel Dust Back Massage	20min	R340
Light massage and pressure points applied to relax toddler and helps to improve sleep.		
Pink Princess Bubble Bath	30min	R420
Spa bath with lots of bubbles and glitter.		
Picnic Basket (for 2 people)		R450
Picnic Basket (for 3 people)		R580

ALTERNATIVE TREATMENTS

Steam room		R300
Improves circulation, skin health & respiratory functions, relieve joint pain, Boost immune system, Detoxification, Weigh loss & Relaxation		
Spa Bath		R460
Reduces stress, Ease muscle pain and Improves circulation.		

Platters (from restaurant):

Local cheese board
 1 person @ R180 / 2 people @ R230
 Local cheese & meat board
 1 person @ R200 / 2 people @ R270

Clos Malverne Wine (from restaurant):

Clos Malverne Sparkling Brut or Sauvignon Blanc/Chardonnay
 R55 per glass / R210 per bottle

SPA PACKAGES

Express	2h15	R1320
Express Kalahari facial		
Express pedicure		
Express manicure		

<p>Tranquillity Honeybush facial treatment Swedish full body massage Steam room Cheese board (with nuts, olives, pickles, preserves, crostini) Deluxe spa manicure Deluxe spa pedicure</p>	5h00 R2880
<p>Stress Reliever Kalahari Rejuvenation facial Calming body wrap, Including Swedish full body massage</p>	3h30 R2110
<p>Bridal Deluxe spa manicure Deluxe spa pedicure Full body exfoliation <u>or</u> Back massage</p>	2h45 R1460
<p>Honeymoon (for 2 people) Full body exfoliation Swedish full body massage Spa bath Steam room Cheese board (with nuts, olives, pickles, preserves, crostini) Relax on spa deck or next to pool.</p>	2h30 R3470
<p>Couple (for 2 people) Couple Swedish full body massage Honeybush facial treatment Cheese board (with nuts, olives, pickles, preserves, crostini) Relax on spa deck or next to pool.</p>	2h45 R3090
<p>Bridal Party (Option 1) Back, neck & shoulder massage Mini manicure & Mini pedicure Cheese board (with nuts, olives, pickles, preserves, crostini) Relax on spa deck or next to pool.</p>	2h00 R1240
<p>Bridal Party (Option 2) 45min Swedish / Hot stone / Aroma Mini manicure <u>or</u> Mini pedicure Cheese board (with nuts, olives, pickles, preserves, crostini) Relax on spa deck or next to pool.</p>	2h00 R1130
<p>Bridal Party (Option 3) Swedish half body massage <u>or</u> Honeybush facial treatment Steam room Cheese board (with nuts, olives, pickles, preserves, crostini) Relax on spa deck or next to pool.</p>	2h00 R1060

Mother-To-Be 2h45 **R1420**
Deluxe spa manicure
Deluxe spa pedicure
Heavy leg massage or Holistic head massage

Mix & match (Option 1 – Select one from each row) 2h30 **R1640**
Massage: Swedish / Hot stone / Aroma
Express facial: Kalahari / NIMUE
Express Mani / Express Pedi

Mix & Match (Option 2 – Select one from each row) 2h00 **R1290**
30min massage: Swedish / Foot & lower leg / Holistic Scalp
Mini Mani / Mini Pedicure
Steam room / Spa bath
Cheese Board / Starter @ Restaurant

Student Chillax
Express Kalahari facial 1h45 **R1210**
Back, neck & shoulder massage
Cheese board (with nuts, olives, pickles, preserves, crostini)
Relax on spa deck or next to pool.

Men's 2h30 **R1680**
NIMUE or Kalahari Rejuvenation facial
Mini manicure or mini pedicure (cuticles & file)
Signature treatment or Swedish Half body massage

Half Day 5h00 **R2710**
Body wrap of choice, including
Swedish Full body massage
Express Kalahari facial
Spa bath
Steam room
Cheese board (with nuts, olives, pickles, preserves, crostini)
Relax on spa deck or next to pool.

***CHANGE Kalahari facial to a NIMUE facial (of the same type)
in any of the packages above for an additional @ R100.**

MOM & DAUGHTER (13+ years) for 2 people

Mom & Daughter (Option 1) 1h45 **R2220**
Express Kalahari facial
Mini Manicure
Mini Pedicure

Mom & Daughter (Option 2)

Honeybush facial treatment

Back, neck & shoulder massage

Cheese board (with nuts, olives, pickles, preserves, crostini)

Relax on spa deck or next to pool.

2h00 R2620

MOM & DAUGHTER (3 - 12 years) for 2 people**Mom and daughter**

Manicure (30min)

Pedicure (30min)

Facial (30min)

Picnic basket

2h15 R2360

Mix & Match (Select one from each row)Manicure or Pedicure (30min)

Swedish Back massage (30min)

Bubble bath or Picnic Basket

1h45 R1690

Important information

*Treatments by appointment only.

*Please arrive at least 10mins prior to booking for consultation.

*A robe, slippers and towels are available for your use.

*All Spa Packages are priced/person, unless stated otherwise.

*Spa Packages may be tailored to your specific needs.

*Prices are subject to change without notice.

*Consultation & dressing times are not deducted from your treatment.

*Picnic basket needs to be booked in advance – and are only available for the kiddie's spa packages and treats.

*Cell phones to please be turned off on arrival.

*Gift vouchers available at the spa and per email or from our website.

*Should you have any serious medical or physical conditions, please inform your therapist.

*If you are using the spa facilities or pool, please bring your bathing suit with.

*Management and staff are not liable for loss or damage of personal property.

Please be mindful of our cancellation policy:

Cancellation Policy

- Appointments cancelled within less than **24 hours, will be charged at 50%.**
- For non-arrivals, the full treatment charge will apply.
- Late arrivals' treatment time will be reduced accordingly but will still be charged at full price.

STOCKIST OF:



kalahari™
ancient desert secrets

