

# THE SPA

@ Clos Malverne Wine Estate

## FACILITIES



Come and have relaxing spa treatments, whilst enjoying the breath-taking and peaceful Devon Valley surroundings.

The spa has **2 full-time therapists** - nationally & internationally qualified.

We have two single treatment rooms where you can enjoy facials, massages, pedicures, manicures, body wraps and waxing.

We also have a huge private wet room where couples, friends or family can have treatments together. Forget about all your troubles whilst having luxurious body treatments, relaxing in our spa bath, or detoxifying in the steam room.

Afterwards enjoy refreshments and snacks whilst lying outside on the deck and taking in the amazing views of the valley or even relax or do a few laps in our swimming pool.

We have special packages where mothers and daughters, from toddlers to teenagers to adults, can spend quality time, having treatments together.

The wet-room is also ideal for Bridal parties and Teambuilding events.

Unwind in the wine lands with one of our fabulous spa packages and treatments!

### **Open**

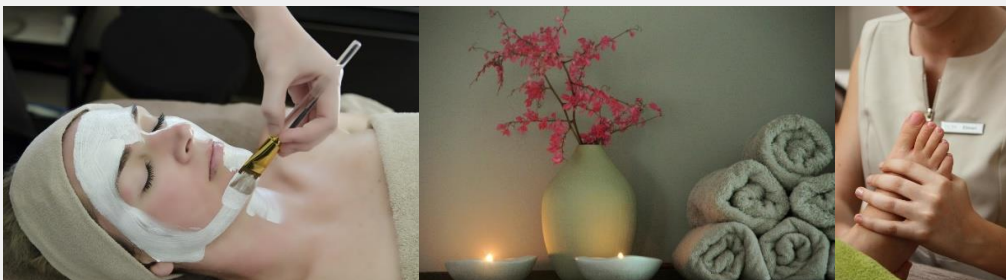
Mondays - Saturdays: 9am-6pm

Sundays: CLOSED

### **Contact**

Tel: 021 – 8652022, Ext. 3

Email: [thespa@closmalverne.co.za](mailto:thespa@closmalverne.co.za)



# Treatment Menu

*\*All our facials are suitable for both male and female clients. Please enquire regarding facials for teenagers.*

*\*All facial treatments include the following, unless otherwise stated: Skin Analysis, Cleanse with Steam, Exfoliation, Extractions, Mask, Hand or foot massage, Serum, Facial Massage, Final Care (Moisturiser).*

## KALAHARI FACIALS

Kalahari is an exclusive, eco-friendly selection of body, skincare and lifestyle products. An extraordinary journey awaits you...

The Kalahari skincare range promotes a healthy glowing skin by using botanical ingredients that are rich in antioxidants. Kalahari skincare visibly smooth fine lines, leaving the skin feeling smooth, radiant and ultra-nourished. This unique range is suitable for all skin types.

**Express: Purifying Facial** For those on-the-go who want to brighten and clarify their skin tone. This quick but thorough facial. A spa facial treating hydration, calming or anti-aging. *Excludes facial massage & extractions.* 45min **R550**

**Classic: Honeybush Facial Treatment** In a word this is "Deluxe" pampering with relaxing massage. From deep cleansing and balancing to calming and soothing we will ensure your skin receives the right recipe for the ultimate healthy glow. Includes eyes, neck and décolletage. A spa facial treating hydration, calming or anti-aging. Leaving the skin feeling refreshed and supple. 60min **R670**

**Specialized: Kalahari Rejuvenation Facial** An ultra-rejuvenating and revitalising gel mask enriched with natural moisture binding ingredients, Alpha Hydroxy acids, Hyaluronic acid and Peptides. The combination of ingredients has a multitude of highly effective de-ageing properties that will leave the skin visibly smooth, rejuvenated and revitalized. 75min **R790**

### ADD ON'S to Kalahari Facials:

\* Vit.C Treatment (For brighter, fresher, glowing & healthy-looking skin) @ **R150**

\* Hydrating Collagen eye patches (Intense hydration & rejuvenation, Improves fine lines & wrinkles) @ **R120**

\* Back, neck & shoulder massage (30min) @ **R400**

## NIMUE FACIALS

NIMUE is dedicated to combine the power of science with the miracles of nature to develop and deliver the most advance skin technology available, which offers solutions for specific problems in different skin conditions.

The treatment formulations deliver optimal concentrations of pharmaceutical grade nutrients, cutting edge antioxidants, superior quality phytoceuticals, peptides and other powerful active ingredients where they are needed most – below the skin’s surface to actively improve skin health and appearance.

**Express: Clarifying Facial** For those on-the-go who want to brighten and purify their skin tone. This quick but thorough facial. Designed to treat environmental damaged, acne-prone and hyperpigmented skin types. *Excludes facial massage & extractions.*

45min **R650**

**Classic: Deep Cleanse Facial Treatment** In a word this is “Deluxe” pampering with relaxing massage. From deep cleansing and balancing to calming and soothing we will ensure your skin receives the right recipe for the ultimate healthy glow. Includes eyes, neck and décolletage. Designed to treat environmental damaged, acne-prone and hyperpigmented skin types as a monthly 'pamper' treatment.

60min **R780**

**Specialized: Active Rejuvenation Treatment** A 15% Bio-active Treatment Complex, facilitating dermal rejuvenation is applied to the skin to improve the radiance of the skin and leave it with a smooth, lighter texture. Treats environmentally damaged (pre-mature aging), acne prone and hyperpigmented skin types.

75min **R890**

### ADD ON'S to NIMUE Facials:

\* Hyaluronic Treatment (Moisturizing, repairing & plumping effect) @ **R190**

\* Back, neck & shoulder massage (30min) @ **R400**

## TINTING & SHAPING

<b>Lash tint</b>	<b>R160</b>
<b>Eyebrow tint</b>	<b>R150</b>
<b>Lash and brow tint</b>	<b>R280</b>
<b>Eyebrow shaping</b>	<b>R130</b>
<b>Eye package</b> Eyebrow shape and tint & eyelash tint	<b>R380</b>

## HANDS & FEET

**Gel Deluxe spa manicure or pedicure**  
Deluxe manicure/pedicure, including Gel nail enamel.

90min **R590**

**Gel Overlay** 60min **R450**  
File, cuticles, buff & gel paint

**Gel nail polish removal** 30min **R140**

**Deluxe spa manicure** 60min **R470**  
Soak hands, scrub, file nails, cuticle cream, cuticle work, hand & lower arm massage, hand mask, colour, topcoat.

**Deluxe spa pedicure** 75min **R510**  
File/cut toenails, buff, cuticle cream, cuticle work, file bottom of feet, scrub feet, soak, foot & lower leg massage, foot mask, base coat, colour, topcoat.

**Express manicure or pedicure** 45min **R400**  
File, cuticles & paint

**Mini manicure or pedicure** 25min **R290**  
File & paint

**Balsan heel treatment** 30min **R350**  
Heel treatment, file, scrub, soak

**ADD ON'S to Manicures & Pedicures:**

**Paraffin dip** 20min **R200**  
Paraffin wax is used which is high in skin conditioning oils. Ideal for dry and sensitive skin. For use on hands and feet.

**Balsan heel treatment** 20min **R210**  
Highly effective in removing calluses, cracked heels and any dry areas on the feet and toes.

**French colour** (Gel or normal nail enamel) 15min **R140**

**Nail art** 15min **R110**

**WAXING**

**Eyebrow/lip or chin** **R170**

**Eyebrow and lip** **R280**

**Half leg** (knee included) **R330**

**Full leg** **R390**

**Arm** **R290**

**Underarm** **R250**

**Bikini line** **R290**

**Back** **R390**

**Chest** **R350**

## MASSAGES

<b>Swedish full body massage</b>	90min	<b>R1040</b>
<b>Swedish full body massage</b> Swedish massage calms your mind, body and spirit. This massage will alleviate stiffness and fatigue as well as improve circulation.	60min	<b>R780</b>
<b>Swedish half body massage</b> Back, neck & shoulders and back of arms, legs & feet.	45min	<b>R670</b>
<b>Swedish back, neck and shoulder</b>	30min	<b>R540</b>
<b>Couple Swedish full body massage</b> Enjoy a massage together in the same room.	60min	<b>R1500</b>
	90min	<b>R2010</b>
<b>Deep Tissue massage</b> Deep tissue massage is similar to a Swedish massage, but with deeper pressure, which is beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons and fascia.	60min	<b>R850</b>
<b>Couple Deep tissue massage</b> Enjoy the massage together in the same room.	60min	<b>R1660</b>
	90min	<b>R2210</b>
<b>Aromatherapy massage</b> It is the therapeutic use of plant-derived, aromatic essential oils to promote physical and psychological well-being. It is used in combination with massage and other therapeutic techniques as part of a holistic treatment approach.	90min	<b>R1100</b>
	60min	<b>R840</b>
<b>Couple Aromatherapy</b> Enjoy this massage together in the same room.	60min	<b>R1660</b>
<b>Hot stone full body massage</b> Enjoy this massage together in the same room.	60min	<b>R860</b>
<b>Couple Hot stone full body massage</b> Enjoy this massage together in the same room.	60min	<b>R1680</b>
<b>Hot stone back, neck and shoulder</b>	30min	<b>R630</b>
<b>Holistic head massage</b>	30min	<b>R510</b>
<b>Foot &amp; lower leg massage</b>	30min	<b>R490</b>
<b>Signature treatment</b> Total Bliss - back, neck and shoulder massage combined with head massage, using customized Aroma oils.	45min	<b>R720</b>
<b>Pregnancy Massage</b> Massage techniques and a nourishing massage cream applied that are safe during pregnancy. Relieves tension in the back and reduces swelling in the hands, feet and legs.	60min	<b>R770</b>

## **BODY TREATMENTS**

**Body wraps:** Indulge in a divine full body scrub, followed by a 30min full body massage, using one of the essential oils and application of body clay. Lie cocooned in a warm wrap with blankets for another 30min whilst enjoying a holistic head massage. Treatment to be finished off with a luxurious body lotion.

<b>Relax (Calming)</b>	105min	<b>R960</b>
<b>Refresh (Purifying)</b>	105min	<b>R960</b>
<b>Comfort (Nourishing)</b>	105min	<b>R960</b>
<b>Escape (Uplifting)</b>	105min	<b>R960</b>
<b><u>ADD ON:</u> Extra massage time</b>	30min	<b>R400</b>

**Full body exfoliation** **R460**  
Revitalising, purifying and invigorating sugar scrub

**Purifying Back “Facial”** **60min R680**  
Cleanse & Exfoliate with Steam, Extractions, Tone, Mask, Massage, Moisturise

**Bath Therapy (Spa bath with jets)** **60min R690**  
Desert Mineral Bath Soak – Includes full body exfoliation.

### **ADD ON’S to ANY of the treatments above:**

**Back, neck & shoulder massage (30min) @ R400**

**Foot treat**  
File heels, File/cut toenails, Soak, Scrub, Mask, Pressure points (30min) @ R300

**Back exfoliation (20min) @ R220**

## **KIDDIES SPA TREATS (ages 3 - 12)**



**Flower Power Facial** 25min **R330**

**Fancy Fingers** 30min **R310**

Soak, file/cut & paint

**Twinkle Toes** 30min **R310**

Soak, file/cut & paint.

**Add on: Nail art** 10min **R100**

**Angel Dust Back Massage** 20min **R320**

Light massage and pressure points applied to relax toddler and helps to improve sleep.

**Pink Princess Bubble Bath** 30min **R400**

Spa bath with lots of bubbles and glitter.

**Picnic Basket (for 2 people)** **R430**

**Picnic Basket (for 3 people)** **R550**

### **ALTERNATIVE TREATMENTS**

**Steam room** **R300**

Improves circulation, skin health & respiratory functions, relieve joint pain, Boost immune system, Detoxification, Weigh loss & Relaxation

**Spa Bath** **R450**

Reduces stress, Ease muscle pain and Improves circulation.

### **Platters - Cheese, biscuits & fruit:**

1 person @ **R180**

2 people @ **R260**

### **Clos Malverne Wine:**

Sauvignon Blanc / Red wine / Bubbly @ **R40 per glass**

### **SPA PACKAGES**

**Express** 2h15 **R1250**

Express Kalahari facial

Express pedicure

Express manicure

<p><b>Tranquillity</b>  Honeybush facial treatment  Swedish full body massage  Steam room  Platter (Cheese, biscuits &amp; fruit)  Deluxe spa manicure  Deluxe spa pedicure</p>	5h00 <b>R2780</b>
<p><b>Stress Reliever</b>  Kalahari Rejuvenation facial  Calming body wrap, Including  Swedish full body massage</p>	3h30 <b>R2040</b>
<p><b>Bridal</b>  Deluxe spa manicure  Deluxe spa pedicure  Full body exfoliation <u>or</u> Back massage</p>	2h45 <b>R1380</b>
<p><b>Honeymoon (for 2 people)</b>  Full body exfoliation  Swedish full body massage  Spa bath  Steam room  Platter (Cheese, biscuits &amp; fruit)  Relax on spa deck or next to pool.</p>	2h30 <b>R3290</b>
<p><b>Couple (for 2 people)</b>  Couple Swedish full body massage  Honeybush facial treatment  Platter (Cheese, biscuits &amp; fruit)  Relax on spa deck or next to pool.</p>	2h45 <b>R2990</b>
<p><b>Bridal Party (Option 1)</b>  Back, neck &amp; shoulder massage  Mini manicure &amp; mini pedicure  Platter (Cheese, biscuits &amp; fruit)  Relax on spa deck or next to pool.</p>	2h00 <b>R1190</b>
<p><b>Bridal Party (Option 2)</b>  45min Swedish / Hot stone / Aroma  Mini manicure <u>or</u> mini pedicure  Platter, Relax on deck or next to pool.</p>	2h00 <b>R1080</b>
<p><b>Bridal Party (Option 3)</b>  Swedish half body massage <u>or</u> Honeybush facial treatment  Steam room  Platter (Cheese, biscuits &amp; fruit)  Relax on spa deck or next to pool.</p>	2h00 <b>R1030</b>



**Mother-To-Be** 2h45 **R1350**  
Deluxe spa manicure  
Deluxe spa pedicure  
Heavy leg massage or Holistic head massage

**Mix & match (Option 1 – Select one from each row)** 2h30 **R1560**  
Massage: Swedish / Hot stone / Aroma  
Express facial: Kalahari / NIMUE  
Express Mani / Pedi

**Mix & Match (Option 2 – Select one from each row)** 2h00 **R1290**  
30min massage: Swedish / Reflexology / Holistic Scalp  
Mini Mani / Pedicure  
Steam room / Spa bath  
Platter / Starter @ Restaurant

**Student Chillax**  
Express Kalahari facial 1h45 **R1150**  
Back, neck & shoulder massage  
Platter (Cheese, biscuits & fruit)  
Relax on spa deck or next to pool.

**Men's** 2h30 **R1620**  
NIMUE or Kalahari Rejuvenation facial  
Mini manicure *or* mini pedicure (cuticles & file)  
Signature treatment or Swedish Half body massage

**Half Day** 5h00 **R2590**  
Body wrap of choice, including  
Swedish Full body massage  
Express Kalahari facial  
Spa bath  
Steam room  
Platter (Cheese, biscuits & fruit)  
Relax on spa deck or next to pool.

**\*\*CHANGE Kalahari facial to a NIMUE facial (of the same type) in any of the packages above for an additional @ R100\*\***

### **MOM & DAUGHTER (13+ years) for 2 people**

**Mom & Daughter (Option 1)** 1h45 **R2040**  
Express Kalahari facial  
Mini Manicure  
Mini Pedicure

**Mom & Daughter (Option 2)**

Honeybush facial treatment

Back, neck &amp; shoulder massage

Platter (Cheese, biscuits &amp; fruit)

Relax on spa deck or next to pool.

2h00 R2690

**MOM & DAUGHTER (3 - 12 years) for 2 people****Mom and daughter**

Manicure (30min)

Pedicure (30min)

Facial (30min)

Picnic basket

2h15 R2260

**Mix & Match (Select one from each row)**Manicure or Pedicure (30min)

Swedish Back massage (30min)

Bubble bath or Picnic Basket

1h45 R1690

**Important information**

\*Treatments by appointment.

\*Please arrive at least 10mins prior to booking for consultation.

\*A robe, slippers, disposable underwear, and towels are available for your use.

\*All Spa Packages are priced/person, unless stated otherwise.

\*Spa Packages may be tailored to your specific needs.

\*Prices are subject to change without notice.

\*Consultation & dressing times are not deducted from your treatment.

\*Picnic basket needs to be booked in advance – and are only available for the Kiddie packages/treats.

\*Cell phones to please be turned off on arrival.

\*Gift vouchers available at the spa and per email.

\*Should you have any serious medical or physical conditions, please inform your therapist.

\*If you are using the spa facilities or pool, please bring your bathing suit with.

\*Management and staff are not liable for loss or damage of personal property.

**Please be mindful of our cancellation policy:**

**Cancellation Policy**

- **Appointments cancelled within less than 24 hours, will be charged at 50%.**
- **For non-arrivals, the full treatment charge will apply.**
- **Late arrivals' treatment time will be reduced accordingly but will still be charged at full price.**

**STOCKIST OF:**



**kalahari™**  
ancient desert secrets

