

THE SPA

@ Clos Malverne Wine Estate

FACILITIES



Come and have relaxing spa treatments, whilst enjoying the breath-taking and peaceful Devon Valley surroundings.

The spa has 2 full-time, nationally & internationally qualified therapists.

We have two single treatment rooms where you can enjoy facials, massages, pedicures, manicures, body wraps and waxing.

We also have a huge private wet room where couples, friends or family can have treatments together. Forget about all your troubles whilst having luxurious body treatments, relaxing in our spa bath, or detoxifying in the steam room.

Afterwards enjoy refreshments and snacks whilst lying outside on the deck and taking in the amazing views of the valley or even relax or do a few laps in our swimming pool.

We have special packages where mothers and daughters, from toddlers to teenagers to adults, can spend quality time, having treatments together.

The wet-room is also ideal for Bridal parties and Teambuilding events.

Unwind in the wine lands with one of our fabulous spa packages and treatments!

Open

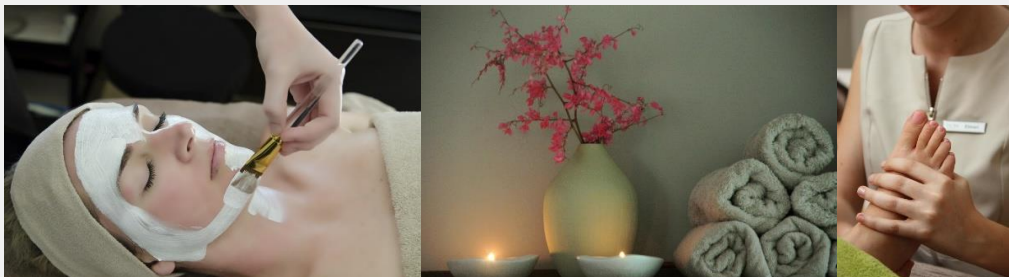
Mondays - Saturdays: 9am-6pm

Sundays: Closed

Contact

Tel: 021 – 8652022, Ext. 3

Email: thespa@closmalverne.co.za



Treatment Menu

**All our facials are suitable for both male and female clients. Please enquire regarding facials for teenagers.*

**All facial treatments include the following, unless otherwise stated: Skin Analysis, Cleanse with Steam, Exfoliation, Extractions, Mask, Hand or foot massage, Serum, Facial Massage, Final Care (Moisturiser, SPF)*

KALAHARI FACIALS

Kalahari is an exclusive, eco-friendly selection of body, skincare and lifestyle products. An extraordinary journey awaits you...

The Kalahari skincare range promotes a healthy glowing skin by using botanical ingredients that are rich in antioxidants. Kalahari skincare visibly smoothes fine lines, leaving the skin feeling smooth, radiant and ultra-nourished. This unique range is suitable for all skin types.

Express Facial For those on-the-go who want to brighten and clarify their skin tone. This quick but thorough facial. A spa facial treating hydration, calming or anti-aging. *Excludes facial massage & extractions.*

45min **R510**

Honeybush Facial Treatment In a word this is “Deluxe” pampering with relaxing massage. From deep cleansing and balancing to calming and soothing we will ensure your skin receives the right recipe for the ultimate healthy glow. Includes eyes, neck and décolletage. A spa facial treating hydration, calming or anti-aging. Leaving the skin feeling refreshed and supple.

60min **R630**

Kalahari Rejuvenation Facial An ultra-rejuvenating and revitalising gel mask enriched with natural moisture binding ingredients, Alpha Hydroxy acids, Hyaluronic acid and Peptides. The combination of ingredients has a multitude of highly effective de-ageing properties that will leave the skin visibly smooth, rejuvenated and revitalized.

75min **R740**

NIMUE FACIALS

Nimue is dedicated to combine the power of science with the miracles of nature to develop and deliver the most advance skin technology available, which offers solutions for specific problems in different skin conditions.

The treatment formulations deliver optimal concentrations of pharmaceutical grade nutrients, cutting edge antioxidants, superior quality phytochemicals, peptides and other powerful active ingredients where they are needed most – below the skin’s surface to actively improve skin health and appearance.

Express Facial For those on-the-go who want to brighten and clarify their skin tone. This quick but thorough facial. Designed to treat environmental damaged, acne-prone and hyperpigmented skin types. *Excludes facial massage & extractions.* 45min **R570**

Standard Pampering Treatment In a word this is “Deluxe” pampering with relaxing massage. From deep cleansing and balancing to calming and soothing we will ensure your skin receives the right recipe for the ultimate healthy glow. Includes eyes, neck and décolletage. Designed to treat environmental damaged, acne-prone and hyperpigmented skin types as a monthly 'pamper' treatment. 60min **R690**

Rejuvenation Treatment A treatment where Bio-active Complex is applied to the skin to improve the radiance of the skin and leave it with a smooth, lighter texture. Treats environmentally damaged (pre-mature aging), acne prone and hyperpigmented skin types. 75min **R800**

ADD ON'S:

Back, neck & shoulder massage (30min) **R380**

TINTING & SHAPING

Lash tint **R140**

Eyebrow tint **R130**

Lash and brow tint **R250**

Eyebrow shaping **R120**

Eye package **R360**

Eyebrow shape and tint & eyelash tint

HANDS & FEET

Gel Deluxe spa manicure or pedicure 90min **R550**

Gel Overlay 60min **R420**

File, cuticles, buff & paint

Gel nail polish removal 30min **R130**

Deluxe spa manicure 60min **R440**

Soak hands, scrub, file nails, cuticle cream, cuticle work, hand & lower arm massage, hand mask, colour, topcoat

Deluxe spa pedicure 75min **R480**

File/cut toenails, buff, cuticle cream, cuticle work, file bottom of feet, scrub feet, soak, foot & lower leg massage, foot mask, base coat, colour, topcoat

Express manicure or pedicure 45min **R370**

File, cuticles & paint

Mini manicure or pedicure 25min **R260**

File & paint

Balsan heel treatment 30min **R320**

Heel treatment, file, scrub, soak

ADD ON'S:

Paraffin dip 15min **R180**

Paraffin wax is used which is high in skin conditioning oils. Ideal for dry and sensitive skin. For use on hands and feet.

Balsan heel treatment 15min **R190**

Highly effective in removing calluses, cracked heels and any dry areas on the feet and toes.

French colour (Gel or normal nail enamel) 15min **R130**

Nail art 15min **R110**

WAXING

Eyebrow/lip or chin **R150**

Eyebrow and lip **R240**

Half leg (knee included) **R300**

Full leg **R360**

Arm **R270**

Underarm **R230**

Bikini line **R250**

Back **R360**

Chest **R330**

Back and chest **R620**

MASSAGE

Swedish full body massage 90min **R980**

Swedish full body massage 60min **R720**

Swedish massage calms your mind, body and spirit. This massage will alleviate stiffness and fatigue as well as improve circulation.

Swedish half body massage	45min	R630
Swedish back, neck and shoulder	30min	R500
Couple Swedish full body massage	60min	R1400
Enjoy a massage together in the same room.	90min	R1880
Deep Tissue massage		
Deep tissue massage is similar to Swedish massage, but with deeper pressure, which is beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons and fascia.	60min	R810
Couple Deep tissue massage	60min	R1560
Enjoy the massage together in the same room		
Aromatherapy massage		
It is the therapeutic use of plant-derived, aromatic essential oils to promote physical and psychological well-being. It is used in combination with massage and other therapeutic techniques as part of a holistic treatment approach.	60min	R790
Couple Aromatherapy	60min	R1560
Enjoy this massage together in the same room.		
Hot stone full body massage	60min	R820
Luxurious and relaxing massage combined with deep heat therapy. Polished Basalt Lava stone are heated and incorporated into the massage to work tight, knotted muscles and release tension.		
Couple Hot stone full body massage	60min	R1590
Enjoy this massage together in the same room.		
Hot stone back, neck and shoulder	30min	R590
Holistic head massage	30min	R460
Reflexology	30min	R460
Signature treatment	45min	R680
Total Bliss - back, neck and shoulder massage combined with head massage, using customized Aroma oils.		
Pregnancy Massage	45min	R620
Massage techniques and a nourishing massage cream applied that are safe during pregnancy. Relieves tension in the back and reduces swelling in the hands, feet and legs.	60min	R730

BODY TREATMENTS

Body wraps: Indulge in a divine full body scrub, followed by a 30min full body massage using one of the essential oils and application of body clay. Lie cocooned in a warm wrap with blankets for another 30min whilst enjoying a holistic head massage. Treatment to be finished off with a luxurious body lotion.

Relax (Calming)	105min	R920
Refresh (Purifying)	105min	R920
Comfort (Nourishing)	105min	R920
Escape (Uplifting)	105min	R920
<u>ADD ON:</u> Extra massage time	30min	R380

Full body exfoliation **R440**
Kalahari Sugar Scrub | African Nut

Purifying Back “Facial”
Cleanse & Exfoliate with Steam, Extractions, Tone, Mask, Massage, Moisturise 60min **R640**

Hair and scalp treatment 30min **R530**
A deep, nourishing and hydrating treatment. Enriched with essential oils and antioxidants. Soothes dry and irritable scalp.

Bath Therapy 60min **R650**
Desert Mineral Bath Soak – Includes full body exfoliation

Kalahari Muscle-Release spa ritual 90min **R900**
Start off submerging in a hydrotherapy bath containing muscle warming actives. Then receive a warm aroma-infused sugar scrub, followed by a back, neck & shoulder massage where an oil to relieve sore & tense muscles is used. Treatment ends off with a circulating gel, leaving your body feeling refreshed and invigorated.

KIDDIES SPA TREATS (ages 3 - 12)



Flower Power Facial	25min	R330
Fancy Fingers	30min	R290
Soak, file/cut & paint		
Twinkle Toes	30min	R290
Soak, file/cut & paint.		
Add on: Nail art	10min	R90
Angel Dust Back Massage	20min	R300
Light massage and pressure points applied to relax toddler and helps to improve sleep.		
Pink Princess Bubble Bath	30min	R380
Spa bath with lots of bubbles and glitter.		
Picnic Basket (for 2 people)		R390
Picnic Basket (for 3 people)		R510

ALTERNATIVE TREATMENTS

Steam room		R300
Improves circulation, skin health & respiratory functions, relieve joint pain, Boost immune system, Detoxification, Weigh loss & Relaxation		
Spa Bath		R440
Reduces stress, Ease muscle pain and Improves circulation.		
Spa Platter: 1 person		R140
2 people		R250
Cheese, biscuit & fruit platter with wine or ice-tea		

SPA PACKAGES

Express	2h15	R1160
Express spa facial		
Express pedicure		
Express manicure		
Tranquillity	5h00	R2590
Deluxe spa manicure		
Deluxe spa pedicure		
Steam room		
Spa platter		
Standard spa facial		
Swedish full body massage		

Stress Reliever	3h30 R1950
Rejuvenation spa facial Calming body wrap, including Swedish full body massage	
Bridal	2h45 R1210
Deluxe spa manicure Deluxe spa pedicure Full body exfoliation <i>or</i> Back massage	
Honeymoon (for 2 people)	2h30 R3150
Full body exfoliation Swedish full body massage Spa bath Steam room Spa platter, Relax on deck or next to pool	
Couple (for 2 people)	3h00 R2790
Couple full body massage Standard spa facial Spa platter, Relax on deck or next to pool	
Bridal Party (Option 1)	2h30 R1240
Back, neck & shoulder massage Mini manicure & pedicure Steam room Spa platter, Relax on deck or next to pool	
Bridal Party (Option 2)	2h00 R940
Swedish half body massage <i>or</i> Standard spa facial Steam room Spa platter, Relax on deck or next to pool.	
Bridal Party (Option 3)	2h00 R950
45min Swedish / Hot stone / Aroma Mini mani <i>or</i> pedi Spa platter, Relax on deck or next to pool.	
Mother-To-Be	2h45 R1270
Deluxe spa manicure Deluxe spa pedicure Heavy leg massage <i>or</i> Holistic head massage	
Mix & match (Option 1 – Select one from each row)	2h30 R1460
Massage: Swedish / Hot stone / Aroma Express facial: Kalahari / Nimue Express Mani / Pedi	

Mix & Match (Option 2 – Select one from each row) 2h00 **R1220**
30min massage: Swedish / Hot Stone / Reflexology / Holistic Scalp
Mini Mani / Pedicure
Steam room / Spa bath
Spa platter / Starter @ Restaurant

Student Chillax 2h15 **R1290**
Express spa facial
Back, neck & shoulder massage
Steam room
Spa platter, Relax on deck or next to pool.

Men's 2h30 **R1520**
Nimue *or* Kalahari Rejuvenation facial
Mini manicure *or* pedicure (cuticles & file)
Signature treatment *or* Half body massage

Half Day 4h15 **R2150**
Body wrap of choice, including
Full body massage
Spa bath
Steam room
Spa platter

MOM & DAUGHTER (13+ years) for 2 people

Mom & Daughter (Option 1) 2h00 **R2140**
Standard Spa Facial
Mini Manicure
Mini Pedicure

Mom & Daughter (Option 2) 2h30 **R2630**
Standard Spa Facial
Back, neck & shoulder massage
Steam room
Spa platter, Relax on deck or next to pool

MOM & DAUGHTER (3 - 12 years) for 2 people

Mom and daughter (Option 1) 2h15 **R2050**
Manicure (30min)
Pedicure (30min)
Facial (25min)
Picnic basket

Mom and daughter (Option 2)

2h30 R2270

Manicure (30min)
Pedicure (30min)
Massage (25min)
Bubble bath
Picnic basket



WEEKDAY SPECIALS

Wednesday and Thursdays

Seniors (60+), Teens (13 - 19) & Students

15% off on ALL treatments!

Excluding: Specials & Spa packages

T&C's Apply

Regular Guests Incentive

Make your follow up booking whilst **at** the spa (after your treatments) and get **15% off** your next treatments!

* *Excluding: Specials, Spa packages & Facilities*

* *Only valid for bookings: Mondays - Fridays*

* *T&C's apply*

Important information

- *Treatments by appointment.
- *Please arrive 10mins prior to booking for consultation.
- *A robe, slippers, disposable underwear, and towels are available for your use.
- *All Spa Packages are priced/person, unless stated otherwise.
- *Spa Packages may be tailored to your specific needs.
- *Prices are subject to change without notice.
- *Consultation & dressing times are not deducted from your treatment.
- *Picnic basket needs to be booked in advance – and are only available for the Kiddie packages/treats.
- *Cell phones to please be turned off on arrival.
- *Gift vouchers available at the spa and per email.
- *Should you have any serious medical or physical conditions, please inform your therapist.
- *If you are using the spa facilities or pool, please bring your bathing suit with.
- *Management and staff are not liable for loss or damage of personal property.

Please be mindful of our cancellation policy:

Cancellation Policy

- **Appointments cancelled within less than 24 hours, will be charged at 50%.**
- **For non-arrivals, the full treatment charge will apply.**
- **Late arrivals' treatment time will be reduced accordingly but will still be charged at full price.**

STOCKIST OF:



"The Leader in Scientific Skincare"



kalahari™
ancient desert secrets

