

# THE SPA

@ Clos Malverne Wine Estate

## FACILITIES



Come and have relaxing spa treatments, whilst enjoying the breath-taking and peaceful Devon Valley surroundings.

The spa has 2 full-time, nationally & internationally qualified therapists.

We have two single treatment rooms where you can enjoy facials, massages, pedicures, manicures, body wraps and waxing.

We also have a huge private wet room where couples, friends or family can have treatments together. Forget about all your troubles whilst having luxurious body treatments, relaxing in our spa bath, or detoxifying in the steam room.

Afterwards enjoy refreshments and snacks whilst lying outside on the deck and taking in the amazing views of the valley or even relax or do a few laps in our swimming pool.

We have special packages where mothers and daughters, from toddlers to teenagers to adults, can spend quality time, having treatments together.

The wet-room is also ideal for Bridal parties and Teambuilding events.

Unwind in the wine lands with one of our fabulous spa packages and treatments!

### **Open**

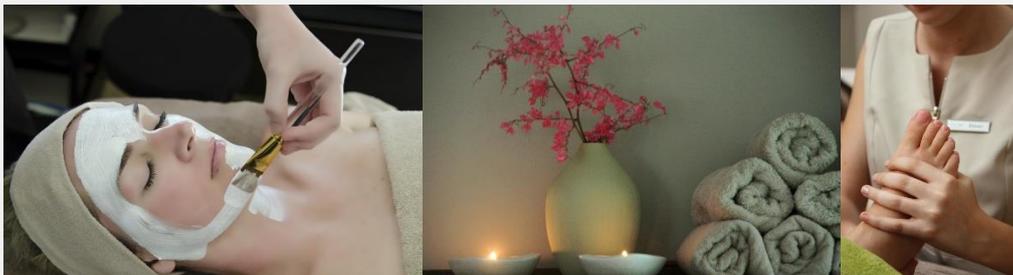
Mondays - Saturdays: 9am-6pm

Sundays: Closed

### **Contact**

Tel: 021 – 8652022, Ext. 3

Email: [thespa@closmalverne.co.za](mailto:thespa@closmalverne.co.za)



# Treatment Menu

*\*All our facials are suitable for both male and female clients. Please enquire regarding facials for teenagers.*

*\*All facial treatments include the following, unless otherwise stated: Skin Analysis, Cleanse with Steam, Exfoliation, Extractions, Mask, Hand or foot massage, Serum, Facial Massage, Final Care (Eye cream, Moisturiser, SPF)*

## KALAHARI FACIALS

Kalahari is an exclusive, eco-friendly selection of body, skincare and lifestyle products. An extraordinary journey awaits you...

The Kalahari skincare range promotes a healthy glowing skin by using botanical ingredients that are rich in antioxidants. Kalahari skincare visibly smoothes fine lines, leaving the skin feeling smooth, radiant and ultra-nourished. This unique range is suitable for all skin types.

**Express Facial** For those on-the-go who want to brighten and clarify their skin tone. This quick but thorough facial. A spa facial treating hydration, calming or anti-aging. *Excludes facial massage & extractions.* 45min **R510**

**Honeybush Facial Treatment** In a word this is “Deluxe” pampering with relaxing massage. From deep cleansing and balancing to calming and soothing we will ensure your skin receives the right recipe for the ultimate healthy glow. Includes eyes, neck and décolletage. A spa facial treating hydration, calming or anti-aging. Leaving the skin feeling refreshed and supple. 60min **R630**

**Kalahari Rejuvenation Facial** An ultra-rejuvenating and revitalising gel mask enriched with natural moisture binding ingredients, Alpha Hydroxy acids, Hyaluronic acid and Peptides. The combination of ingredients has a multitude of highly effective de-ageing properties that will leave the skin visibly smooth, rejuvenated and revitalized. 75min **R740**

## NIMUE FACIALS

Nimue is dedicated to combine the power of science with the miracles of nature to develop and deliver the most advance skin technology available, which offers solutions for specific problems in different skin conditions.

The treatment formulations deliver optimal concentrations of pharmaceutical grade nutrients, cutting edge antioxidants, superior quality phytochemicals, peptides and other powerful active ingredients where they are needed most – below the skin’s surface to actively improve skin health and appearance.

**Express Facial** For those on-the-go who want to brighten and clarify their skin tone. This quick but thorough facial. Designed to treat environmental damaged, acne-prone and hyperpigmented skin types. *Excludes facial massage & extractions.* 45min **R570**

**Standard Pampering Treatment** In a word this is “Deluxe” pampering with relaxing massage. From deep cleansing and balancing to calming and soothing we will ensure your skin receives the right recipe for the ultimate healthy glow. Includes eyes, neck and décolletage. Designed to treat environmental damaged, acne-prone and hyperpigmented skin types as a monthly 'pamper' treatment. 60min **R690**

**Rejuvenation Treatment** A treatment where Bio-active Complex is applied to the skin to improve the radiance of the skin and leave it with a smooth, lighter texture. Treats environmentally damaged (pre-mature aging), acne prone and hyperpigmented skin types. 75min **R800**

#### ADD ON'S:

**Back, neck & shoulder massage (30min)** **R380**

#### TINTING & SHAPING

**Lash tint** **R140**

**Eyebrow tint** **R130**

**Lash and brow tint** **R250**

**Eyebrow shaping** **R120**

**Eye package** **R360**

Eyebrow shape and tint & eyelash tint

#### HANDS & FEET

**Gel Deluxe spa manicure or pedicure** 90min **R550**

**Gel Overlay** 60min **R420**

File, cuticles, buff & paint

**Gel nail polish removal** 30min **R130**

**Deluxe spa manicure** 60min **R440**

Soak hands, scrub, file nails, cuticle cream, cuticle work, hand & lower arm massage, hand mask, colour, topcoat

**Deluxe spa pedicure** 75min **R480**

File/cut toenails, buff, cuticle cream, cuticle work, file bottom of feet, scrub feet, soak, foot & lower leg massage, foot mask, base coat, colour, topcoat

**Express manicure or pedicure** 45min **R370**

File, cuticles & paint

**Mini manicure or pedicure** 25min **R260**

File & paint

**Balsan heel treatment** 30min **R320**

Heel treatment, file, scrub, soak

### **ADD ON'S:**

**Paraffin dip** 15min **R180**

Paraffin wax is used which is high in skin conditioning oils. Ideal for dry and sensitive skin. For use on hands and feet.

**Balsan heel treatment** 15min **R190**

Highly effective in removing calluses, cracked heels and any dry areas on the feet and toes.

**French colour** (Gel or normal nail enamel) 15min **R130**

**Nail art** 15min **R110**

### **WAXING**

**Eyebrow/lip or chin** **R150**

**Eyebrow and lip** **R240**

**Half leg** (knee included) **R300**

**Full leg** **R360**

**Arm** **R270**

**Underarm** **R230**

**Bikini line** **R250**

**Back** **R360**

**Chest** **R330**

**Back and chest** **R620**

### **MASSAGE**

**Swedish full body massage** 90min **R980**

**Swedish full body massage** 60min **R720**

Swedish massage calms your mind, body and spirit. This massage will alleviate stiffness and fatigue as well as improve circulation.

<b>Swedish half body massage</b>	45min	<b>R630</b>
<b>Swedish back, neck and shoulder</b>	30min	<b>R500</b>
<b>Couple Swedish full body massage</b>	60min	<b>R1400</b>
Enjoy a massage together in the same room.	90min	<b>R1880</b>
<b>Deep Tissue massage</b>		
Deep tissue massage is similar to Swedish massage, but with deeper pressure, which is beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons and fascia.	60min	<b>R810</b>
<b>Couple Deep tissue massage</b>	60min	<b>R1560</b>
Enjoy the massage together in the same room		
<b>Aromatherapy massage</b>		
It is the therapeutic use of plant-derived, aromatic essential oils to promote physical and psychological well-being. It is used in combination with massage and other therapeutic techniques as part of a holistic treatment approach.	60min	<b>R790</b>
<b>Couple Aromatherapy</b>	60min	<b>R1560</b>
Enjoy this massage together in the same room.		
<b>Hot stone full body massage</b>	60min	<b>R820</b>
Luxurious and relaxing massage combined with deep heat therapy. Polished Basalt Lava stone are heated and incorporated into the massage to work tight, knotted muscles and release tension.		
<b>Couple Hot stone full body massage</b>	60min	<b>R1590</b>
Enjoy this massage together in the same room.		
<b>Hot stone back, neck and shoulder</b>	30min	<b>R590</b>
<b>Holistic head massage</b>	30min	<b>R460</b>
<b>Reflexology</b>	30min	<b>R460</b>
<b>Signature treatment</b>	45min	<b>R680</b>
Total Bliss - back, neck and shoulder massage combined with head massage, using customized Aroma oils.		
<b>Pregnancy Massage</b>	45min	<b>R620</b>
Massage techniques and a nourishing massage cream applied that are safe during pregnancy. Relieves tension in the back and reduces swelling in the hands, feet and legs.	60min	<b>R730</b>

## **BODY TREATMENTS**

**Body wraps:** Indulge in a divine full body scrub, followed by a 30min full body massage using one of the essential oils and application of body clay. Lie cocooned in a warm wrap with blankets for another 30min whilst enjoying a holistic head massage. Treatment to be finished off with a luxurious body lotion.

<b>Relax (Calming)</b>	105min	<b>R920</b>
<b>Refresh (Purifying)</b>	105min	<b>R920</b>
<b>Comfort (Nourishing)</b>	105min	<b>R920</b>
<b>Escape (Uplifting)</b>	105min	<b>R920</b>
<b><u>ADD ON:</u> Extra massage time</b>	30min	<b>R380</b>

**Full body exfoliation** **R440**  
Kalahari Sugar Scrub | African Nut

**Purifying Back “Facial”**  
Cleanse & Exfoliate with Steam, Extractions, Tone, Mask, Massage, Moisturise 60min **R640**

**Hair and scalp treatment** 30min **R530**  
A deep, nourishing and hydrating treatment. Enriched with essential oils and antioxidants. Soothes dry and irritable scalp.

**Bath Therapy** 60min **R650**  
Desert Mineral Bath Soak – Includes full body exfoliation

**Kalahari Muscle-Release spa ritual** 90min **R900**  
Start off submerging in a hydrotherapy bath containing muscle warming actives. Then receive a warm aroma-infused sugar scrub, followed by a back, neck & shoulder massage where an oil to relieve sore & tense muscles is used. Treatment ends off with a circulating gel, leaving your body feeling refreshed and invigorated.

## **KIDDIES SPA TREATS (ages 3 - 12)**



<b>Flower Power Facial</b>	25min	<b>R330</b>
<b>Fancy Fingers</b>	30min	<b>R290</b>
Soak, file/cut & paint		
<b>Twinkle Toes</b>	30min	<b>R290</b>
Soak, file/cut & paint.		
<b>Add on: Nail art</b>	10min	<b>R90</b>
<b>Angel Dust Back Massage</b>	20min	<b>R300</b>
Light massage and pressure points applied to relax toddler and helps to improve sleep.		
<b>Pink Princess Bubble Bath</b>	30min	<b>R380</b>
Spa bath with lots of bubbles and glitter.		
<b>Picnic Basket (for 2 people)</b>		<b>R390</b>
<b>Picnic Basket (for 3 people)</b>		<b>R510</b>

### ALTERNATIVE TREATMENTS

<b>Steam room</b>		<b>R300</b>
Improves circulation, skin health & respiratory functions, relieve joint pain, Boost immune system, Detoxification, Weigh loss & Relaxation		
<b>Spa Bath</b>		<b>R440</b>
Reduces stress, Ease muscle pain and Improves circulation.		
<b>Spa Platter: 1 person</b>		<b>R140</b>
<b>2 people</b>		<b>R250</b>
Cheese, biscuit & fruit platter with wine or ice-tea		

### SPA PACKAGES

<b>Express</b>	2h15	<b>R1160</b>
Express spa facial		
Express pedicure		
Express manicure		
<b>Tranquillity</b>	5h00	<b>R2590</b>
Deluxe spa manicure		
Deluxe spa pedicure		
Steam room		
Spa platter		
Standard spa facial		
Swedish full body massage		

<b>Stress Reliever</b>	3h30 <b>R1950</b>
Rejuvenation spa facial Calming body wrap, including Swedish full body massage	
<b>Bridal</b>	2h45 <b>R1210</b>
Deluxe spa manicure Deluxe spa pedicure Full body exfoliation <i>or</i> Back massage	
<b>Honeymoon (for 2 people)</b>	2h30 <b>R3150</b>
Full body exfoliation Swedish full body massage Spa bath Steam room Spa platter, Relax on deck or next to pool	
<b>Couple (for 2 people)</b>	3h00 <b>R2790</b>
Couple full body massage Standard spa facial Spa platter, Relax on deck or next to pool	
<b>Bridal Party (Option 1)</b>	2h30 <b>R1240</b>
Back, neck & shoulder massage Mini manicure & pedicure Steam room Spa platter, Relax on deck or next to pool	
<b>Bridal Party (Option 2)</b>	2h00 <b>R940</b>
Swedish half body massage <i>or</i> Standard spa facial Steam room Spa platter, Relax on deck or next to pool.	
<b>Bridal Party (Option 3)</b>	2h00 <b>R950</b>
45min Swedish / Hot stone / Aroma Mini mani <i>or</i> pedi Spa platter, Relax on deck or next to pool.	
<b>Mother-To-Be</b>	2h45 <b>R1270</b>
Deluxe spa manicure Deluxe spa pedicure Heavy leg massage <i>or</i> Holistic head massage	
<b>Mix &amp; match (Option 1 – Select one from each row)</b>	2h30 <b>R1460</b>
Massage: Swedish / Hot stone / Aroma Express facial: Kalahari / Nimue Express Mani / Pedi	

**Mix & Match (Option 2 – Select one from each row)** 2h00 **R1220**  
30min massage: Swedish / Hot Stone / Reflexology / Holistic Scalp  
Mini Mani / Pedicure  
Steam room / Spa bath  
Spa platter / Starter @ Restaurant

**Student Chillax** 2h15 **R1290**  
Express spa facial  
Back, neck & shoulder massage  
Steam room  
Spa platter, Relax on deck or next to pool.

**Men's** 2h30 **R1520**  
Nimue *or* Kalahari Rejuvenation facial  
Mini manicure *or* pedicure (cuticles & file)  
Signature treatment *or* Half body massage

**Half Day** 4h15 **R2150**  
Body wrap of choice, including  
Full body massage  
Spa bath  
Steam room  
Spa platter

**MOM & DAUGHTER (13+ years) for 2 people**

**Mom & Daughter (Option 1)** 2h00 **R2140**  
Standard Spa Facial  
Mini Manicure  
Mini Pedicure

**Mom & Daughter (Option 2)** 2h30 **R2630**  
Standard Spa Facial  
Back, neck & shoulder massage  
Steam room  
Spa platter, Relax on deck or next to pool

**MOM & DAUGHTER (3 - 12 years) for 2 people**

**Mom and daughter (Option 1)** 2h15 **R2050**  
Manicure (30min)  
Pedicure (30min)  
Facial (25min)  
Picnic basket

## Mom and daughter (Option 2)

2h30 R2270

Manicure (30min)  
Pedicure (30min)  
Massage (25min)  
Bubble bath  
Picnic basket



### **WEEKDAY SPECIALS**

**Wednesday and Thursdays**

Seniors (60+), Teens (13 - 19) & Students

**15% off on ALL treatments!**

*Excluding: Specials & Spa packages*

*T&C's Apply*

### **Regular Guests Incentive**

Make your follow up booking whilst **at** the spa (after your treatments) and get **15% off** your next treatments!

\* *Excluding: Specials, Spa packages & Facilities*

\* *Only valid for bookings: Mondays - Fridays*

\* *T&C's apply*

## **Important information**

- \*Treatments by appointment.
- \*Please arrive 10mins prior to booking for consultation.
- \*A robe, slippers, disposable underwear, and towels are available for your use.
- \*All Spa Packages are priced/person, unless stated otherwise.
- \*Spa Packages may be tailored to your specific needs.
- \*Prices are subject to change without notice.
- \*Consultation & dressing times are not deducted from your treatment.
- \*Picnic basket needs to be booked in advance – and are only available for the Kiddie packages/treats.
- \*Cell phones to please be turned off on arrival.
- \*Gift vouchers available at the spa and per email.
- \*Should you have any serious medical or physical conditions, please inform your therapist.
- \*If you are using the spa facilities or pool, please bring your bathing suit with.
- \*Management and staff are not liable for loss or damage of personal property.

## **Please be mindful of our cancellation policy:**

### **Cancellation Policy**

- **Appointments cancelled within less than 24 hours, will be charged at 50%.**
- **For non-arrivals, the full treatment charge will apply.**
- **Late arrivals' treatment time will be reduced accordingly but will still be charged at full price.**

**STOCKIST OF:**



"The Leader in Scientific Skincare"



**kalahari™**  
ancient desert secrets

