

# THE SPA

@ Clos Malverne Wine Estate

## Facilities



Come and have relaxing spa treatments, whilst enjoying the breathtaking and peaceful Devon Valley surroundings.

We have two single treatment rooms where you can have facials, massages, pedicures, manicures, waxing and even spray tanning to give you instant holiday skin without the sun damage.

We also have a huge private wet-room where couples, friends or family can have treatments together. Forget about all your troubles whilst having luxurious body treatments, relaxing in our spa bath or detoxifying in the steam room.

Afterwards enjoy refreshments and snacks whilst lying outside on the deck and taking in the amazing views from the valley or even take a swim in the crystal clear waters of our swimming pool.

We have special packages where mothers and daughters, from toddlers to teenagers to adults, can spend quality time, having treatments together.

The wet-room is also ideal for Bridal parties and Teambuilding events.

Unwind in the wine lands with one of our fabulous spa packages and treatments!

**Receive a FREE bottle of Clos Malverne wine  
with all Spa Packages (excl. specials)**

### Open

Weekdays: 9am-6pm

Saturdays: 9am-5pm

Sundays: Closed

### Contact

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# Treatment Menu

*\*All our facials are suitable for both male and female clients. Please enquire regarding facials for teenagers.*

*\*All facial treatments includes the following, unless otherwise stated: Skin Analysis, Cleanse with Steam, Exfoliation, Extractions, Mask, Hand or foot massage, Serum, Facial Massage, Final Care (Eye cream, Moisturiser, SPF)*

## **KALAHARI**

Kalahari is an exclusive, eco-friendly selection of body, skincare and lifestyle products. An extraordinary journey awaits you...

The Kalahari skincare range promotes a healthy glowing skin by using botanical ingredients that are rich in antioxidants. Kalahari skincare visibly smoothes fine lines, leaving the skin feeling smooth, radiant and ultra nourished. This unique range is suitable for all skin types.

**Honeybush Facial Treatment** A spa facial treating hydration, calming or anti-aging. Leaving the skin feeling refreshed and supple. 60min **R460**

**Kalahari Rejuvenation Facial** A specialized mask and serums are used for intense hydration, calming and rejuvenation. 75min **R540**

## **NIMUE**

Nimue is dedicated to combine the power of science with the miracles of nature to develop and deliver the most advance skin technology available; which offers solutions for specific problems in different skin conditions.

The treatment formulations deliver optimal concentrations of pharmaceutical grade nutrients, cutting edge antioxidants, superior quality phytoceuticals, peptides and other powerful active ingredients where they are needed – most – below the skin's surface to actively improve skin health and appearance.

**Standard Pampering Treatment** 60min **R480**

Designed to treat environmental damaged, acne-prone and hyperpigmentd skin types as a monthly 'pamper' treatment.

**Rejuvenation Treatment** 75min **R570**

A treatment where Bio-active Complex is applied to the skin to improve the radiance of the skin and leave it with a smooth, lighter texture.

Treats environmentally damaged (pre-mature aging), acne prone and hyperpigmentd skin types.

**Ad on: Hyaluronic Treatment** **R100**

Moisture to each skin cell. For intense skin hydration.

**Advanced Rejuvenation Glycolic Treatment** 75min **R620**

An active skin rejuvenation treatment. Indicated for environmentally damaged, hyperpigmented and problematic skin. The 35% Glycolic, deep exfoliation provides controlled and predictable removal of skin cells, to improve the texture and appearance of the skin. Excludes extractions.

Recommendation: weekly or two weekly courses of 6 - 12 treatments.

**Advanced Rejuvenation TCA Treatment**

60min **R610**

An advanced rejuvenation treatments where 7.5% TCA is applied to the skin for deeper exfoliation, which results in a radiant, smoother texture and lightening of pigmentation. Exclude extractions and mask.

**TINTING & SHAPING**

**Lash tint**

**R100**

**Eyebrow tint**

**R90**

**Lash and brow tint**

**R170**

**Eyebrow shaping**

**R80**

**Eye package**

**R230**

Eyebrow shape and tint & eyelash tint

**HANDS & FEET**

**Gel Deluxe spa manicure or pedicure**

90min **R450**

Only gel FX is filled with anti-oxidants, such as Vit. A & E, which helps to promote healthy nails, while pro-vitamin B5 protects the structure of the natural nail. Ensures an incredible durable, chip-free manicure for 2 weeks with superior shine!

**Gel nail polish removal**

30min **R100**

**Deluxe spa manicure**

60min **R330**

Soak hands, scrub, file nails, cuticle cream, cuticle work, hand & lower arm massage, hand mask, colour, top coat, cuticle treatment

**Deluxe spa pedicure**

75min **R360**

File/cut toenails, buff, cuticle cream, cuticle work, file bottom of feet, scrub feet, soak, foot & lower leg massage, foot mask, base coat, colour, top coat, cuticle treatment

**Express manicure or pedicure**

45min **R250**

File, cuticles & colour paint

**Mini manicure or pedicure**

25min **R150**

File & paint

**Balsan Heal treatment**

30min **R230**

Heal treatment, file, scrub, soak

### **ADD ON'S:**

**Paraffin dip** 15min **R120**

Paraffin wax is used which is high in skin conditioning oils and Vit. E  
Ideal for dry and sensitive skin. For use on hands and feet.

**Balsan heal treatment** 15min **R110**

Highly effective in removing callouses, cracked heels and any dry areas on the feet and toes.

**French colour** 15min **R90**

**Gel nail polish** 20min **R150**

**Nail art** 15min **R80**

### **WAXING**

**Eyebrow/lip or chin** **R105**

**Eyebrow and lip** **R170**

**Half leg (knee included)** **R230**

**Full leg** **R290**

**Arm** **R200**

**Underarm** **R140**

**Bikini line** **R180**

**Back** **R270**

**Chest** **R230**

**Back and chest** **R420**

### **SPRAYTAN**

Gives you INSTANT tanned skin without the sun-damage.

**Spraytan: one session** **R310**

**Spraytan with exfoliating** **R580**

**Spraytan enhance session** **R210**

**Spraytan: ten session** **R2480**

### **MASSAGE**

**Swedish full body** 60min **R580**

Swedish massage calms your mind, body and spirit with a massage at your requested intensity. This massage will alleviate stiffness and fatigue as well as

improve circulation.

**Swedish back, neck and shoulder** 30min **R380**

**Couple Swedish full body massage** 60min **R1120**

Enjoy a massage together in the same room.

**Aromatherapy massage** 75min **R690**

Aromatherapy is the practice of using natural oils extracted from plants to enhance psychological and physical well-being,

**Couple Aromatherapy** 75min **R1320**

Enjoy this massage together in the same room.

**Hot stone full body massage** 60min **R650**

Luxurious and relaxing massage combined with deep heat therapy. Polished Basalt Lava stone are heated and incorporated into the massage to work tight, knotted muscles and release tension.

**Hot stone Couple full body massage** 60min **R1230**

Enjoy this massage together in the same room.

**Hot stone back, neck and shoulder** 30min **R450**

**Reflexology** 30min **R320**

**Holistic head massage** 30min **R340**

**Signature treatment** 45min **R530**

Total Bliss - back, neck and shoulder massage combined with head massage, using customized Aroma oils.

**Pregnancy Massage** 45min **R500**

Massage techniques and a nourishing massage cream applied that are safe during pregnancy. Relieves tension in the back and reduces swelling in the hands, feet and legs.

60min **R610**

## **BODY TREATMENTS**

**Body wraps:** Indulge in a divine full body scrub, followed by a 30min full body massage using one of the essential oils and application of body clay. Lie cocooned in a warm wrap with blankets for another 30min whilst enjoying a holistic head massage. Treatment to be finished off with a luxurious body lotion.

**Relax (Calming)** 105min **R690**

**Refresh (Purifying)** 105min **R690**

**Comfort (Nourishing)** 105min **R690**

**Escape (Uplifting)** 105min **R690**

<b>Add on: 60min Full body massage</b>	135min	<b>R890</b>
<b>Course treatments</b>	6 x 105min	<b>R3450</b>
<b>Full body exfoliation</b> Red dune sand scrub	30min	<b>R330</b>
<b>Hair and scalp treatment</b>	30min	<b>R420</b>
A deep, nourishing and hydrating treatment. Enriched with essential oils and anti-oxidants. Soothes dry and irritable scalp.		

<b>Kalahari Muscle-Release spa ritual</b>	90min	<b>R740</b>
Start off submerging in a hydrotherapy bath containing muscle warming actives. Then receive a warm aroma-infused sugar scrub, followed by a back, neck & shoulder massage where an oil to relieve sore & tense muscles is used. Treatment ends off with a circulating gel, leaving your body feeling refreshed and invigorated.		

### **KIDDIES SPA TREATS (ages 3 - 12)**

All treatments include a Milkshake for kids & glass of bubbly for mom.

<b>Flower Power Facial</b>	20min	<b>R220</b>
Cleanse, mask & moisturise.		
<b>Chocolitious or Berrylitious Facial</b>	25min	<b>R240</b>
Cleanse, delicious chocolate or berry mask & moisturise.		
<b>Fancy Fingers</b>	25min	<b>R180</b>
Soak, file/cut & paint		
<b>Twinkle Toes</b>	25min	<b>R180</b>
Soak, file/cut & paint.		
<b>Add on: Nail art</b>	10min	<b>R45</b>
<b>Angel Dust Back Massage</b>	20min	<b>R190</b>
Light massage and pressure points applied to relax toddler and helps to improve sleep.		
<b>Pink Princess Bubble Bath</b>	20min	<b>R190</b>
Spa bath with lots of bubbles and glitter.		
<b>Picnic Basket (for 2 people)</b>		<b>R250</b>
<b>Picnic Basket (for 3 people)</b>		<b>R340</b>

## KALAHARI BATH TREATMENTS

Includes Red dune sand full body exfoliation.

**Desert Mineral Bath Salt Soak**

60min **R460**

## ALTERNATIVE TREATMENTS

**Steam room**

**R160**

Improves circulation, skin health & respiratory functions, Relieves joint pain,  
Boost immune system, Detoxification, Weight loss & Relaxation

**Bath therapy**

**R260**

Reduces stress, Ease muscle pain and Improves circulation.

## SPA PACKAGES

Packages include a **FREE** bottle of Clos Malverne wine.

**Express**

2h15 **R790**

Express spa facial  
Express pedicure  
Express manicure

**Tranquility**

4h45 **R1850**

Deluxe spa manicure  
Deluxe spa pedicure  
Steam room  
Light snack and glass of wine or bubbly  
Standard spa facial  
Full body massage

**Stress Reliever**

4h00 **R1590**

Rejuvenation spa facial  
Full body massage  
Relaxing body wrap

**Bridal**

3h30 **R1230**

Deluxe spa manicure  
Deluxe spa pedicure  
Full body exfoliation  
Back massage or Spraytan

**Honeymoon (for 2 people)**

2h30 **R2190**

Full body exfoliation  
Full body massage  
Spa bath

Steam room  
Refreshments, relax on deck or next to pool

**Couple (for 2 people)** 4h00 **R2740**

Couple full body massage  
Standard spa facial  
Food & wine pairing menu at The Restaurant

**Bridal Party (Option 1)** 2h30 **R820**

Back, neck and shoulder massage  
Mini manicure and pedicure  
Steam room  
Refreshments, relax on deck or next to pool

**Bridal Party (Option 2)** 2h30 **R940**

Full body massage  
Steam room  
Bath therapy  
Refreshments, relax on deck or next to pool

**Mother-to-Be** 3h30 **R1220**

Deluxe spa manicure  
Deluxe spa pedicure  
Heavy leg massage  
Holistic head massage

**Student Night Out** 2h15 **R810**

Mini manicure and pedicure  
Full body exfoliation  
Spraytan

**Student Chilax** 2h45 **R1100**

Standard spa facial  
Back, neck and shoulder massage  
Spa bath  
Refreshments, relax on deck or next to pool.

**Detoxing** 3h15 **R1190**

Refresh body wrap  
Detoxing full body massage including scalp & face  
Steam room  
Desert mineral bath soak

**Men's** 2h45 **R1250**

Nimue Rejuvenation facial  
Mini manicure & pedicure (cuticles & file)  
Signature treatment

<b>Half Day</b>	<b>5h00 R1590</b>
Body wrap of choice	
Full body massage	
Bath therapy	
Steam room	
Food & wine pairing menu at The Restaurant	

**Mom and Daughter Packages (from 13 years) - for 2 people**

<b>Mom and Daughter (Option 1)</b>	<b>2h00 R1420</b>
Standard Spa Facial	
Mini Manicure	
Mini Pedicure	

<b>Mom and Daughter (Option 2)</b>	<b>3h30 R2650</b>
Signature Treatment	
Express Manicure	
Express Pedicure	
Food & wine pairing menu at The Restaurant	

<b>Mom and Daughter (Option 3)</b>	<b>2h30 R2260</b>
Standard Spa Facial	
Back, neck & shoulder massage	
Spa bath	
Refreshments, Relax on deck or next to pool	

**Mom and Daughter Packages (3 - 12 years) – for 2 people  
(Please enquire about options for a 3<sup>rd</sup> person)**

<b>Mom and daughter (Option 1)</b>	<b>2h00 R1280</b>
Manicure (25min)	
Pedicure (25min)	
Facial (20min)	
Picnic basket	

<b>Mom and daughter (Option 2)</b>	<b>2h15 R1180</b>
Manicure (25min)	
Pedicure (25min)	
Massage (20min)	
Bubble bath	
Picnic basket	

## **WEEKDAY SPECIALS!**

### **Wednesdays and Thursdays**

Seniors, Students and Teens (13 - 19 years)

**15% off on ALL treatments!**  
(Excluding specials & spa packages)

*\*Terms and conditions apply.*

### **Important information**

Treatments by appointment.

Gift vouchers available.

Spa guests may apply for our membership program and enjoy exclusive privileges.

Snacks (Cheese, biscuit & fruit platter) and refreshments are available for clients booking spa packages in the wet-room.

A robe, slippers, disposable underwear and towels are available for your use.

All Spa Packages are priced/person, unless stated otherwise.

Spa Packages may be tailored to your specific needs.

Prices are subject to change without notice.

Consultation & dressing times are not deducted from your treatment.

With all treatments, please allow an extra 15 minutes for your first consultation.

Platters and Picnic basket needs to be booked in advance.

### **Cancellation Policy**

- **Appointments cancelled within less than 24 hours, will be charged at 50%.**
- **For non-arrivals the full treatment charge will apply.**
- **Late arrivals' treatment time will be reduced accordingly, but will still be charged at full price.**

## Stockist of



**nimue**  
SKIN TECHNOLOGY

“The Leader in Scientific Skincare”



**kalahari™**  
ancient desert secrets



BIO  
SCULPTURE  
GEL

Leading Nail Care

